

# Somers Town Community Newsletter

**WILL IT  
BE EASY?  
NOPE.  
WORTH IT?  
ABSOLUTELY.**

Nothing is easy at the moment, the pandemic has in many cases taken the last ounce of strength we have, life is hard and the months ahead are not going to be easy, as we seek to navigate our way out of the last two years, but by putting one foot in front of the other and knowing that advice/support and help is always available if you only ask we can help each other to get through.

**Just give us a call, send us an email or walk through our door and we will do all we can to help.**

In these challenging times we must also, as difficult as things are, stop to ask ourselves what lessons we have learnt during the past two years if we are to have a hope of balancing the inequality of life before the pandemic and seek to eradicate the poverty that infests our societies. But we must also wake up to the realisation that part of the journey ahead will and must see us look to the planet we call home and that we must all become more mindful of how each and everyone of us impacts on the world around us in our daily lives.

**Our futures and that of our children and grandchildren are in our own hands; the question is are we going to do something about it so that we can leave a legacy of a healthy planet that sees an equity of life for us all, the choice is ours.**

Somers Town Community Association and The Living Centre during 2021, made a commitment through a change to our Governing documents and the sorts of programmes we oversee and deliver to place the Climate and Sustainability at our heart and with this in mind we submitted two funding applications to support our work in this area, both of which were we are delighted to say successful. **For more details look inside...**



## LOCAL NEWS AND INFORMATION



### Working for the community. Getting the community working!

#### Paid opportunity for outgoing friendly people to carry out community research

Are you friendly, outgoing and enjoy talking to others in your community and getting feedback? You could be one of our next community researchers at the Somers Town Community Association! We are looking for people who represent all parts of our community and who love communicating to become part of our flexible part-time team of community researchers.

- Flexible and part time; can fit around other commitments.
- Hours can vary depending on your availability and on which projects we run.
- Full training will be provided and you will be paid for your time while taking part in it.

Please email [jobhub@somerstown.org.uk](mailto:jobhub@somerstown.org.uk) for more information.

#### We always love to see clients succeeding in achieving their aims, whether that's starting a new job or moving into education or training. This month we'd especially like to mention:

- A huge well done to T, who has been successful in her application for a permanent job with her current employer. She is coming up to the end of her apprenticeship, and now after finishing it in the spring she will be moving straight into a permanent role which is a big step up. It's amazing to see what an apprenticeship can lead to.
- Congratulations to Rosangela, who came to us for advice about pursuing her business ideas, and has now successfully applied for the support that will enable her to actually start her venture!
- Well done to Rowan on becoming a qualified counsellor after several years of hard work on your courses and work placements. It's always wonderful to watch somebody succeed at a long-term goal that has taken lots of dedication.

### CAFÉ OPPORTUNITY

at Somers Town Community Centre



Somers Town Community Association has had to say goodbye to the wonderful Café Nata, but this sad loss does present us with an opportunity to offer an opportunity for those budding chefs/cooks/entrepreneurs in the community who have always wanted to try their hand at running a café. If this sounds like your cup of tea, then send us an email to talk through your ideas to [jodie@somerstown.org.uk](mailto:jodie@somerstown.org.uk) or [joned@thelivingcentre.org](mailto:joned@thelivingcentre.org) (full project ideas will need to be submitted by the 28th February).

## Parapride Pride. In. Everyone. [www.parapride.org](http://www.parapride.org)

### LGBT+ History Month 2022 is upon us...

Although we believe LGBT+ history should be remembered and celebrated all year round, we are also aware that February is a month where many are particularly keen to engage and connect.

LGBT+ History Month opens up great windows of opportunities to learn, educate, raise awareness about intersectional communities, and especially for giving visibility to the more marginalised LGBTQ+ communities.

In this great spirit of inclusion, we are delighted to announce the launch of Parapride's brand new digital project: 'Our Stories'. A series of video testimonials that feature co-members of our community who identify as disabled and LGBTQ+, talking about disability inclusion in the queer community, sharing some of the struggles but especially speaking up about the stories of empowerment through their lived experiences. With this project Parapride aims to change the narrative and challenge the misrepresentation of disabled people by sharing 'Our Stories'.

## LOCAL NEWS AND INFORMATION

### Somers Town Future Neighbourhoods 2030

#### What is it about?

Somers Town has received funding from the Mayor of London to become a more sustainable neighbourhood.

The goal is to help residents, local businesses and organisations understand how climate change is affecting them, and more importantly, to work together on activities that are good for the environment, their pockets and their quality of life.

#### Overview of the project

We will work on two areas. The production of a local long-term plan (the Neighbourhood Strategy to 2030) that identifies what needs to happen locally to become the neighbourhood we all want to live in. And the delivery of a number of projects to start working towards the improvements we all want to see.

Planning and making the projects happen will be done by working together with residents, local businesses and other organisations in our area.

#### What will the projects do?



#### Find out more and get involved

Visit the project launch on **24 February, 2-5pm, Story Garden and Living Centre**. There will be stalls showcasing each of the initial Future Neighbourhoods projects and opportunities to find out how to get involved.

For more information contact Sarah Elie from Somers Town Community Association: [Sarah@somerstown.org.uk](mailto:Sarah@somerstown.org.uk)

MAYOR OF LONDON

SOMERS TOWN NEIGHBOURHOOD FORUM

Somers Town Community Association

Camden

## National Lottery Community Fund



We are extremely delighted to have been awarded funding from **The National Lottery Community Fund** for our Somers Town Climate Action Market. Thanks to National Lottery players, we will be able to bring people together, reduce waste and also reduce carbon emissions. The project will be based at Chalton Street market, the heart of Somers Town and will work closely with the Somers Town Future Neighbourhood 2030 programme, to ensure the greatest possible outcomes for local residents.

If you would like to know more then please email [sarah@somerstown.org.uk](mailto:sarah@somerstown.org.uk)

Somers Town Community Association

The St Pancras & Somers Town Living Centre

UNIVERSITY OF LONDON

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UCL

KNOWLEDGE QUARTER

## CURRENT VACANCIES

### Project Lead Climate Action Market

20 hours per week (£40k pa full time) 16 month post.

#### Job Purpose

To be responsible for managing the National Lottery funded Climate Action Market to be based at Chalton Street, inclusive of programme delivery against the project delivery plan, budget oversight and supervision of part-time project role.

Enhanced DBS required.

#### Responsible to

Executive Director (Line Manager)

#### Current Location

St Pancras and Somers Town Living Centre, 2 Ossulston Street, London NW1 1DF



For more details please contact [sarah@somerstown.org.uk](mailto:sarah@somerstown.org.uk)

## Cervical Screening

Cervical screening is available to women and people with a cervix aged 25 to 64 in England. All eligible people who are registered with a GP (as female) automatically receive an invitation by mail.

Trans men (assigned female at birth) do not receive invitations if registered as male with their GP but are still entitled to screening if they have a cervix. Trans and non-binary people may find it more comfortable to make an appointment at the specialist clinic, 56 Dean Street, London W1D 6QA [www.dean.st](http://www.dean.st)

The first invitation is sent to eligible people at the age of 24.5 years. People aged 25 to 49 receive invitations every 3 years. People aged 50 to 64 receive invitations every 5 years.

### EasyRead booklet

'Having a smear test. What is it about?' Contact Jo's Cervical Cancer Trust [www.jostrust.org.uk](http://www.jostrust.org.uk)

## Taking care of your breasts

Breast cancer is the most common form of cancer in the UK. Breast cancer occurs most commonly in women (1 in 8 women in the UK), but men can also get it. There are over 55,000 cases of breast cancer a year, which is around 150 new cases diagnosed each day.

It is important to check your breasts regularly and be aware of the symptoms associated with breast cancer. The most well-known and common symptom associated with breast cancer is the development of a lump in the breast tissue.

### Breast Cancer Screening

**Breast Cancer Screening is offered every three years to women from the ages of 50-70 years old, and also women with a higher than average risk of developing breast cancer.**

## HOW TO FIND US

The St Pancras and Somers Town Living Centre  
2 Ossulston Street, London NW1 1DF

Tel 020 7380 0453

email [hello@thelivingcentre.org](mailto:hello@thelivingcentre.org)

[www.thelivingcentre.org](http://www.thelivingcentre.org)

The Living Centre is supported by the Francis Crick Institute



The St Pancras  
& Somers Town  
Living Centre

